



# My Curriculum Map

2025/2026

|           | TERM 1       |             | TERM 2                |                             | TERM 3                      |                     |
|-----------|--------------|-------------|-----------------------|-----------------------------|-----------------------------|---------------------|
| Nursery   |              |             |                       | Introduction to PE : Unit 1 | Introduction to PE : Unit 2 | Games : Unit 1      |
| Reception |              |             | Fundamentals : Unit 1 | Fundamentals : Unit 2       | Dance : Unit 1              | Gymnastics : Unit 1 |
| Year 1    | Dance        | Fitness     | Gymnastics            | Team Building               | Target Games                | Athletics           |
|           | Fundamentals | Ball Skills | Invasion Games        | Sending and Receiving       | Striking and Fielding Games | Net and Wall Games  |
| Year 2    | Dance        | Fitness     | Gymnastics            | Team Building               | Target Games                | Athletics           |
|           | Fundamentals | Ball Skills | Invasion Games        | Sending and Receiving       | Striking and Fielding Games | Net and Wall Games  |
| Year 3    | Fitness      | OAA         | Gymnastics            | Yoga                        | Dance                       | Athletics           |
|           | Basketball   | Rugby       | Football              | Handball                    | Rounders                    | Tennis              |
| Year 4    | Dance        | Dodgeball   | Gymnastics            | OAA                         | Rounders                    | Tennis              |
|           | Netball      | Rugby       | Football              | Hockey                      | Yoga                        | Athletics           |
| Year 5    |              |             |                       |                             |                             | Swimming            |
|           | Dance        | Fitness     | OAA                   | Gymnastics                  | Volleyball Y5/6             | Athletics           |
|           | Basketball   | Rugby       | Football              | Hockey                      | Cricket                     | Tennis              |
| Year 6    |              |             |                       |                             |                             | Swimming            |
|           | Dance        | Dodgeball   | OAA                   | Gymnastics                  | Volleyball Y5/6             | Badminton Y5/6      |
|           | Netball      | Rugby       | Football              | Hockey                      | Cricket                     | Athletics           |
|           |              |             |                       |                             |                             | Swimming            |