
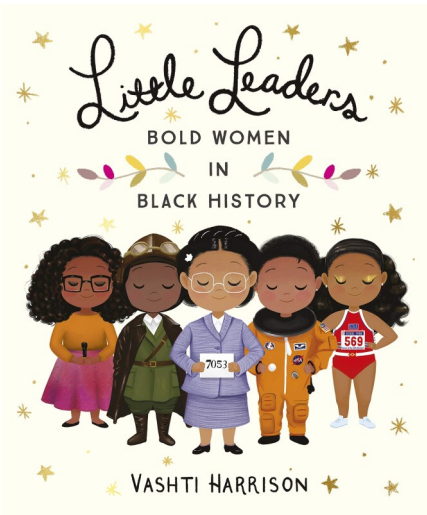


Year 2 Green Autumn 2: Who Was Mary Seacole?

Sticky Knowledge			Topic Vocabulary	
<p>Mary Seacole was a nurse. She was born in Jamaica in 1805. Her mother was Jamaican and her father was Scottish. She died in Britain in 1881.</p>	<h3 data-bbox="1093 651 1294 703">Key Text</h3>		<p>Crimean War</p>	<p>A war between 1853 and 1856. Russia was on one side and Britain, France, the Ottoman Empire and Sardinia on the other.</p>
<p>Mary Seacole wanted to join the nurses treating the soldiers injured in the Crimean war but the British government refused. So she paid for herself to go.</p>			<p>Courageous</p>	<p>If you are a courageous person, you face danger or stand up against the odds without flinching.</p>
<p>She set up the 'British Hotel' hospital 2 miles from the fighting for soldiers to receive food, drink and treatment. She would also travel to the front line, taking supplies and treating soldier s from both sides.</p>			<p>Equality</p>	<p>Equality is about ensuring that every individual has an equal opportunity to make the most of their lives and talents.</p>
<p>Florence Nightingale was a British nurse born in 1820 in Florence, Italy. She was the daughter of a rich family. She longed to be a nurse but her father wouldn't allow it as it was not a job that a lady would have. She eventually became a nurse in 1853.</p>			<p>Healthy</p>	<p>Keeping healthy means doing things that are good for your body – things like eating nutritious foods, exercising, brushing your teeth and getting enough sleep</p>
<p>Florence Nightingale is remembered for changing the way hospitals were run. She treated soldiers during the Crimean War. She became known as the lady with the lamp.</p>			<p>Nutrition</p>	<p>Nutrition is the process by which the body nourishes itself by transforming food into energy and body tissues.</p>
<p>The Crimean war ended in 1856. Mary Seacole returned to England.</p>			<p>survival</p>	<p>Survive usually means to succeed in keeping alive against odds</p>
<p>In 1860 Florence Nightingale set up her own nursing school.</p>			<p>hygiene</p>	<p>Taking care of our body by being clean and making sure we don't smell.</p>